

We're going on a bear hunt.... *Massage!*



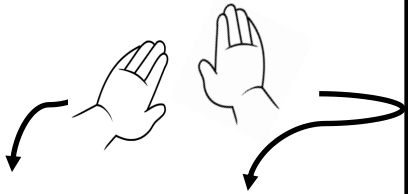
GRASS!

Place palm down onto back, and push sideways back and forth, across the back.



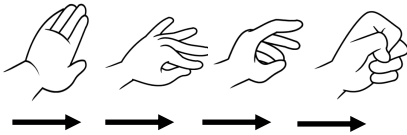
RIVER!

Place palm down onto back, and wave both hands back and forth, down their back.



MUD!

Squelch both your hands along their back like you are squishing mud!



FOREST!

Place palm down onto back, and go up and down their back.



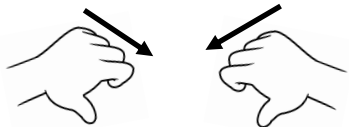
HOME!

Welcome your child into your lap for a very BIG bear



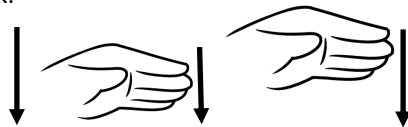
BEAR!

Squish both your hands deep into their back like a BEAR!



CAVE!

Cup hands and bounce up and down their back.



SNOWSTORM!

Place fingers on back and tap fingers up and down their back.

