Incy Wincy Spider

Incy Wincy Spider Climbed up the water spout. Down came the rain And washed poor Incy out. Out came the sunshine And dried up all the rain. And Incy Wincy Spider Climbed up the spout again.



Make your hand like a spider and 'crawl' up your child's arm or back!

Place your palm on their arm and push 'down' their arm

Rub up and down their arm

Create a rainbow by making an arch on their back

Climb Incy up their arm again

Row, Row, Row Your Boat

Row, row, row your boat Gently down the stream. Merrily, merrily, merrily, merrily, Life is but a dream.

Row, row, row your boat Gently down the stream. If you see a crocodile, Don't for get to scream!



Sit facing your child, holding their hands.

Rock back and forth 'rowing' your boat.

Rock side to side, holding your child's hands.

Raise their hands up in the air, and shriek Ahhh!

Jack and Jill

Jack and Jill went up the hill To fetch a pail of water. Jack fell down and broke his crown, And Jill came tumbling after.

Up Jack got and home he ran As fast as he could caper. He went to bed and bound his head With vinegar and brown paper.



Sitting on the ground, Bend your knees so your legs create a V

Walk your child up your legs, sitting at the top of your knee.

Come down towards you, and lay them on their back

Flip your child over and tumble down your legs.

Run your child's legs in the air

Run them faster!

Pick them up and cuddle their sore head!



Hickory Dickory Dock, The mouse ran up the clock. The clock struck one And down he ran, Hickory Dickory Dock. Hold your child in the air and rock side to side like a tick tok grandfather clock!

Lift your child into the air

Give a little shake as the clock strikes one!

Lower your child to the ground

Lift them up again and tick tok from side to side like a clock.

Humpty Dumpty

Humpty Dumpty sat on a wall. Humpty Dumpty had a great fall.

All the King's horses And all the King's men Couldn't put Humpty Together again.



This Little Piggy

This little piggy Went to market.

This little piggy Stayed at home.

This little piggy Had roast beef.

This little piggy Had none.

This little piggy went Wee, wee, wee All the way home!



Bounce in towards you for a cuddle!

Sit your child on your leg like a

wall

Bounce your child off your leg and

fall

Sit your child on your leg and

bounce them up and down like a

horsey ride

Dingle Dangle Scarecrow

When all the cows were sleeping And the sun had gone to bed Up jumped the scarecrow And this is what he said...

"I'm a dingle dangle scarecrow With a flippy floppy hat. I can shake my hands like this And shake my feet like that."

When all the hens were roosting And the moon behind a cloud Up jumped the scarecrow And shouted very loud...

When the dogs were in the kennel And the doves were in the loft Up jumped the scarecrow and Whispered very soft...

> The Grand Old Duke of York

Oh the grand old Duke of York; He had ten-thousand men. He marched them up to the top of the hill And he marched them down again.

And when they were up, they were up. And when they were down, they were down. And when they were only half way up; They were neither up nor down.



Sit facing your child, pretend to be sleeping

Jump up in the air

Dangle your arms in the air,

Shake your hands on the air

Shake your feet in the air

Crouch down

Jump up in the air

Shout out the chorus!

Crouch down again

And jump up

Whisper the chorus!

March up and down with your little one

Stand up the air holding your child

Lift your child up in the air, then down.

Lift up and down as you sing.

Go up and down quickly!

Wiggle your child's big toe Wiggle your child's second toe Wiggle your child's middle toe Wiggle your child's fourth toe

Wiggle your child's little toe

Walk your hands up their body tickling them under their arms!